6-2 Notes

* Hinduism – one of the oldest religions in the world.
* Hinduism has many deities but each deity is a different part of the universal spirit called Brahman.
* The Hindus consider the Brahman “the creator of the world”.
* Hindus believe that all life is sacred.
* Hindus believe in reincarnation – the idea of passing through many lives to reach Brahman.
* Dharma is the divine law that requires people to perform the duties of their caste.
* Karma is the consequences of how a person lives his life.
* Buddhism – a religion founded by Siddhartha Gautama. It requires you to give all worldly desires.
* Nirvana – a state of wisdom reached by giving up all worldly desires.
* Buddhism’s teachings contain the Four Noble Truths and the Eightfold Path – steps to follow in order to reach nirvana.
* Most Indians preferred Buddhism because it did NOT defend the caste system.